CULTIVATE YOUR DREAM Quick Tip Sheet

3 POSITIVE-THOUGHT POWER-PHRASES

Part of the "Your Dream" Series

Have you ever considered how to generate a positive thought? I want to introduce 3 power-phrases for you to frequently recite and allow them to fill your sails with the wind of positive expectation!

Power Phrase #1: "Tough times never last but tough people do."

This phrase comes from the title of one of over 37 books authored by Dr. Robert Schuller, pioneer of the first television church service.

REMEMBER: Living positive in a negative world—or developing positive thinking patterns in difficult situations—provides a creative energy and stamina necessary to tackle life's biggest challenges.

You may be thinking, "If you only knew the problems I am facing!" Well, Dr. Schuller's family certainly had their share of problems. His own father, at the age of 60, lost everything when a devastating tornado destroyed their livestock, their crops, the family home and their barn. Nothing was left! 10 farms were utterly destroyed by that storm. Only 1 man rebuilt!

Power phrase #2: "Great people are ordinary people with extraordinary determination."

Standing before a large audience of farmers, Dr. Schuller, recalled another family tragedy. During the great depression, and several years before the tornado disaster, a drought destroyed the family crops, forcing his father to mortgage everything to survive. Dr. Schuller recalled entering the bank and seeing a sign on the wall that stated "Great people are ordinary people with extraordinary determination."

Five years after the destructive tornado, Schuller's father had completely rebuilt the farm, paid off the mortgage taken in the Great Depression and retired a successful man!

Power phrase #3: "The difference between great and small people is that while all may fall, small people just fall—but great people get up again."

You see, positive thinking is the power to look at your situation and find just *one* positive aspect—one positive thought that you can hold on to in order to transform your negative situation into an opportunity!

PS Regardless of what you may face today, **NEVER GIVE UP!** You may be at the end of your rope but remember—**one positive thought** has the power to loosen the grip of impossibility and propel you forward into possibility!

