

# CULTIVATE YOUR DREAM

## Quick Tip Sheet

### **5 PRACTICES OF POSSIBILITY THINKERS**

If you look on the outside of my passport you will see that I am an American Citizen, however when you look inside it becomes obvious that I am a citizen of the world. Whether I experienced success or failure, often in many of these nations a sudden crisis brought out my highest level of creativity. I am a richly woven tapestry of **POSSIBILITY THINKING**, and these 5 Practices of Possibility Thinkers will help you become one too!

**#1: SPEND TIME WITH CREATIVE PEOPLE.** Whether you are at home, school or busy at the office, spend time with '*creatives*'. These unique souls have practiced the art of turning chaos into beauty and problems into possibilities. Maya Angelou says, “*You can't use up creativity. The more you use, the more you have.*” Learn from the **CREATIVES!**

**#2: LOOK FOR THE OBVIOUS.** As the old saying goes...sometimes the answer is right under your nose. In other words, we don't always need a creative idea, but sometimes we just need to choose the most practical or obvious solution. **Remember: Sometimes the simplest solution is the best solution!**

**#3: BE UNREASONABLE.** Always give yourself a minute to think! Planning our music festivals, we often challenge our young leaders, “You cannot leave this discussion table until you come up with 50 new ways to generate income.” Imagine the reactions we got in the ex-Soviet countries in the early 90's where creative thinking was new and often frowned upon. Those young leaders had been taught to always answer “NO – IT's NOT POSSIBLE!” They were often puzzled as we stretched them to think beyond what they considered logical.

**#4: PRACTICE MENTAL AGILITY.** Being open to spontaneous thought is key to cultivating creativity. Don't be limited by rigid thinking, bound to long-held societal or religious pressures. Innovation requires flexibility and the permission to consider every idea. I dare you to break free from the rigidity of common thinking and everyday expectation! **INNOVATION IS INSPIRING!**

**#5: SEE PROBLEMS AS OPPORTUNITIES!** It's all in how you view your situation! Disasters and difficulties are an inevitable part of life! My heart goes out to those of you who are walking through difficult times. But *remember*, Creativity is fueled when you replace the word *problem* with *opportunity*! 'Opportunity' is that moment when you decide, no opposition, poverty or weakness can hold you back!

**PS** Oliver Wendell Holmes said, “The mind, once expanded to the dimensions of larger ideas, never returns to its original size.”

