



Do Hope and Spirituality Work Together?

Is hope merely optimism or a positive outlook on life?

“For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope.” (Jeremiah 29:11, NKJV)

IDEAS FOR REFLECTION

Do you feel hopeless? Do you think hope could impact your future?

JOURNAL YOUR THOUGHTS

Write a few statements of how can hope revive your expectation for the future?

MY PRAYER

Lord Jesus, I renew the picture of my tomorrow. Instill new expectation in my heart and give me the hope I need to see my dreams become a reality!

For further studies on this subject and others like it, please visit: www.LeslieMcNulty.com, Life & Spirituality TV – Episode 10B—Hope.