



## The Courage to Care, Part 2

*Who is my neighbor?*

“Let each of you look out not only for his own interests, but also for the interests of others.”  
(Philippians 2:4)

### IDEAS FOR REFLECTION

*Who is your neighbor? Reflect on how Dr. Mayo's desire to help his neighbor elevated him above his self-serving friend.*

*Consider that even going out of your way to help one person in need, like the Samaritan, can have life-changing effect.*

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### JOURNAL YOUR THOUGHTS

*Ask yourself this simple question: **What can I do** to better the lives of others? What dream(s) are in your heart that you have not dared to act on? Think about it and write down the dream that is in your heart, no matter how unrealistic it may seem at this moment.*

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### MY PRAYER

*Lord, enlarge my vision and cause me to see possibilities in life. I desire to be the best at what I do so that I can serve as many people as possible. Grant me the vision and the heart to impact people for good!*

*For further studies on this subject and others like it, please visit: [www.LeslieMcNulty.com](http://www.LeslieMcNulty.com), Life & Spirituality TV – Episode 11B—Courage.*