Life & Spirituality Leslie McNulty



Chronic Illness, a Worldwide Problem

Did you know that the majority of sickness plaguing the world today results from chronic illness and not infectious disease?

"Come to me, all you who are weary and burdened, and I will give you rest."

Matthew 11:28, NIV

IDEAS FOR REFLECTION

When visiting churches in America and asking the congregants who needed healing, we discovered that typically no one raised their hands. However, when we asked how many people were on regular medications, 70% of the hands went up. Are you ready to bring your chronic health condition to Jesus?
JOURNAL YOUR THOUGHTS
How do you put a stop to the chronic illness(es) you may be facing? Most chronic illness is stress induced. Perhaps it begins with a new thought about your situation. Jesus can help you! Take a moment and point your mind in the right direction by giving your sickness to God. How did that make you feel?

MY PRAYER

Lord Jesus, I give you my fears, cares, and worries. Healing begins now as I trust you to carry my burdens. You are the healer. You went about doing good and healing all! That includes me!

For further studies on this subject and others like it, please visit: <u>www.LeslieMcNulty.com</u>, Life & Spirituality TV – Episode 15B—Healing.

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