



Helping Others

Could it be that the help you are looking for is found in helping someone else?

“God is our refuge and strength, a very present help in trouble.” (Psalm 46:1)

IDEAS FOR REFLECTION

Could it be that the help you are looking for is found in helping someone else? Is there someone you can help who needs to defeat a giant in life? Prayerfully reflect on how you can help them defeat the giant and take action!

JOURNAL YOUR THOUGHTS

John Bunyan said, “You have not lived today until you have done something for someone who can never repay you.” Who can you help today? Make a list or identify someone you can help. Isn't that what Jesus did for us?

REMEMBER: When you help someone else, you are sure to remember that God will help you in your time of need!

MY PRAYER

Lord Jesus, show me a need to fill, a hurt to heal, and a problem to solve for someone else. I thank you for helping me before I even knew that I needed help. I am ready to be a blessing for someone else. Thank you for revealing yourself to my friends and family through me.

For further studies on this subject and others like it, please visit: www.LeslieMcNulty.com, Life & Spirituality TV – Episode 9A—Help.